



ATHENA

Association for Therapeutic Eurythmy in North America
in connection with the Medical Section, Dornach, Switzerland

Join us for the 2nd Webinar in the Series of 4: Journey of the Incarnating Soul - from pre-birth to age-three!

In this upcoming webinar, we'll focus on the **first year of childhood**, a critical period marked by coming into uprightness. We will dive deep into how the foundational archetypal processes we discussed in our previous webinar—such as the formation of the egg and sperm—continue to show up in a child's development throughout this first year and shape a child's growth and their relationship to the world.

One of the highlights of this session will be an in-depth look at two key developmental milestones: **standing up** and **walking**. These achievements offer an opportunity to understand how the dual streams we identified in the embryological stages manifest in tangible, observable ways and how we might understand this mystery through therapeutic eurythmy as well. We will interweave the lecture with different eurythmy modalities and a case study.

2nd in the Series
“Exploring the First Year
of Childhood: Standing Up
and Walking”

January 18, 2025

4:30 PM EST

Price: Suggested
Donation \$40 for the
Series or \$10 each

NEW
TIME!

PayPal to: ATHENA.Board.Treasurer@gmail.com

or send check to ATHENA Treasurer, Julian Liu, 105 West
Clay Creek Lane, Kennett Square, PA 13948

For the Zoom link, please contact:

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ANOUK TOMPOT



RAVEN GARLAND



ANDREA PREISS



MARIA EBERSOLE

Anouk Tompot has been a Waldorf teacher for over 25 years, serving early childhood, grade-, high school students and Waldorf teachers in Holland, Colorado and Washington. She started her career as a biologist at the Free University of Amsterdam and dedicated many years to the study of Goethean observation in the field of embryology and human physiology. Informed by the wisdom of the embryonic stages, child development, and anthroposophic psychology Anouk currently supports parents and their toddlers both in groups and individually.

Raven Garland is a Therapeutic Eurythmist trained in NY, and holds a Music degree from the University of Massachusetts. She is especially passionate about sharing how music and eurythmy can enhance human health. She currently teaches and works therapeutically in Waldorf Schools and in private practice.

Andrea Preiss is a Therapeutic Eurythmist with a background in Physical Therapy and the Feldenkrais Method, trained in Germany, Netherlands and the US. She has been working as a therapeutic Eurythmist in Waldorf Schools and in independent practice with children from Kindergarten to 12th grade and with adults of all ages. Her love for movement and the healing capacity of the sounds in movement has been her passion and continues guiding her on her path.

Maria Ebersole completed her basic Eurythmy training in the Netherlands and her Eurythmy Therapy training in Copake, NY. She has a private practice in the Buffalo, NY area, and also works as Eurythmy therapist at Aurora Waldorf School. She has been active in Waldorf Early Childhood Education for over 25 years.