



# ATHENA

Association for Therapeutic Eurythmy in North America  
in connection with the Medical Section, Dornach, Switzerland

**SAVE THE DATE**

## WEBINAR SERIES

# The Journey of the Incarnating Soul - From Pre-Birth to Age Three

Join us in this webinar series as we explore the stages of early childhood development from the perspective of the incarnating soul. We will examine key moments in embryonic development and how these archetypal gestures repeat themselves during the first three years of life. Through Therapeutic Eurythmy, we will engage in movements that support healthy development, focusing on the milestones of walking, speaking, and thinking. Learn how these movements can aid in healing and overcoming developmental challenges in both children and adults.

- **November 16, 2024:** "Embryology" presented by Anouk Tompot, Raven Garland and Andrea Preiss
- **January 18, 2025:** "The First Year" presented by Anouk Tompot, TBA
- **February 15, 2025:** "The Second Year" presented by Anouk Tompot, TBA
- **March 13, 2025:** "Birth: Midwifery, Rhythmical Massage and Therapeutic Eurythmy" registration [AHA Events](#)
- **April 5, 2025:** "The Third Year" presented by Anouk Tompot, TBA

**Price: Suggested Donation \$40 for the Series or \$10 each**

PayPal to: [ATHENA.Board.Treasurer@gmail.com](mailto:ATHENA.Board.Treasurer@gmail.com)  
or send check to ATHENA Treasurer, Julian Liu, 105 West Clay Creek Lane, Kennett Square, PA 19348

**Registration:** [therapeuticeurythmy.org](http://therapeuticeurythmy.org)



**ANOUK TOMPOT**



**RAVEN GARLAND**



**ANDREA PREISS**

**Anouk Tompot** has been a Waldorf teacher for over 25 years, serving early childhood, grade-, high school students and Waldorf teachers in Holland, Colorado and Washington. She started her career as a biologist at the Free University of Amsterdam and dedicated many years to the study of Goethean observation in the field of embryology and human physiology. Informed by the wisdom of the embryonic stages, child development, and anthroposophic psychology Anouk currently supports parents and their toddlers both in groups and individually.

**Raven Garland** is a Therapeutic Eurythmist trained in NY, and holds a Music degree from the University of Massachusetts. She is especially passionate about sharing how music and eurythmy can enhance human health. She currently teaches and works therapeutically in Waldorf Schools and in private practice.

**Andrea Preiss** is a Therapeutic Eurythmist with a background in Physical Therapy and the Feldenkrais Method, trained in Germany, Netherlands and the US. She has been working as a therapeutic Eurythmist in Waldorf Schools and in independent practice with children from Kindergarten to 12th grade and with adults of all ages. Her love for movement and the healing capacity of the sounds in movement has been her passion and continues guiding her on her path.