

AnthroMed Eurythmy Therapy® (*AnthroMed*)

Certification requirements

These are the basic requirements for the *AnthroMed* applicants to qualify for *AnthroMed* certification at the end of each term.

1. Having diplomas from the basic and therapeutic eurythmy trainings recognized by the Section for Eurythmy, Music and Speech and the Medical Section of the Goetheanum.

2. Residing in North America

3. Professional Development

We were then asked in addition, to put in place a certain number of professional development hours as part of the requirements for full membership. This is common practice in therapeutic/medical professions such as physical therapists, nurses, and physicians. After conversations with the membership and Angelika Jaschke, our international coordinator for Eurythmy Therapy, we decided on **21 hours a year of professional development or 63 hours over a three year period** would be a workable amount, that would keep us actively learning in our profession. The ideas around what would be accepted under this heading of professional development are many! The goal is to keep up with research and deepening in our own field (ATHENA conferences or other international anthroposophic medical conferences), exchanging, studying and researching with our therapeutic eurythmy colleagues, as well as staying abreast of developments in mainstream or other alternative therapeutic modalities. Courses on honing our skills in observation and documenting our work can be extremely helpful. Learning about how to confidently deal with aspects of having a private practice as a business, such as accounting, or tax and insurance issues is also important. Significant study can happen in Care Groups at Waldorf Schools or in clinics with other therapists and physicians. So there are many possibilities.

Being actively engaged in the work was another important aspect of full membership that was added:

4. Working with at least one patient during a given year.

It is the sincere hope of the ATHENA Board that all of these steps can help to strengthen us in our individual and collegial professional work as therapeutic eurythmists in North America, as well as define our relationship to this world wide movement of Anthroposophic medicine.

5. Keeping the ATHENA full membership

In order to be a **full member of ATHENA** and have your name posted on our website directory, you must meet the above requirements printed in bold and pay your annual dues (\$55).

If you meet the requirements of full membership and **send in a completed agreement contract for the use of the *AnthroMed* trademark** and pay your dues (an additional \$10 for *AnthroMed*, so \$65 total), you will receive the *AnthroMed* trademark electronically to use on your professional correspondence, business cards etc. You will also have *AnthroMed* next to your contact information on our ATHENA website. Your information will also be included on the international online directory, <http://anthromed.de/en/eurythmy.therapy/usa/>.

You will need to keep written track of your professional development hours (certificates of participation, signed by the conference or workshop leader, or by a fellow colleague if you are doing a study, research or exchange together) and send them in to the ATHENA Board. We will have a subcommittee that will oversee the tally of Professional Development hours and materials.

As we are starting this up we can begin the tally in July, 2013. So if you attended something this past July or August for example, write that down and save the certificate, send it in when you renew next summer.

Each year you can send in your materials by the end of June, along with your membership renewal form and dues. Don't worry if in a given year you don't get 21 hours together. It will be tallied over a three year period for 63 hours. You only need to fill out the *AnthroMed* contract once and the Board will keep that on file as long as you continue to meet the requirements for full membership and are in good standing with your dues (\$65 annually).

This description, The *AnthroMed* agreement contract, and tally sheet form are available for downloading from our website www.eurythmytherapy.org. Please use the tally sheet to keep track of your Professional Development hours. You'll submit the full copy by the end of each 3-year certification term .

2013

ATHENA Board

(Updated on 2016)